

I AM...

Digital Story Guide for Young People

How to create an "I Am" Digital Story

An 'I Am' Digital Story provides a way for you to tell others who you are and what you are like. The 'I Am' story that you create will focus on the things that you like and the things that you do well.

There are 4 steps: Mapping, Describing, Filming and Editing



Step 1: Mapping

The first thing you will need to do is create a mindmap of what you enjoy and the things that will help you when you are worried. This will help new people in new settings know who you are and find ways to help you settle in quickly and feel more comfortable when you arrive.



Step 2: Describing

The second thing you will need to do is to write some phrases or sentences which you can use to plan your story. You might start these sentences with words like, 'I am...' or 'I like...' or 'my favourite place is...'



Step 3: Filming

Before you film...
Make sure you ask other members of staff whether they are happy to be filmed, and get permission from the parents of all children who might be filmed before you start.











Step 4: Editing

When you have finished filming, you will have lots of videos and photos for your story. Now you need to choose the clips of video and the photos that will go into your 'I am...' Digital Story.

Find out more online

To view 'I am' Digital Story examples visit acorns-soton.org.uk











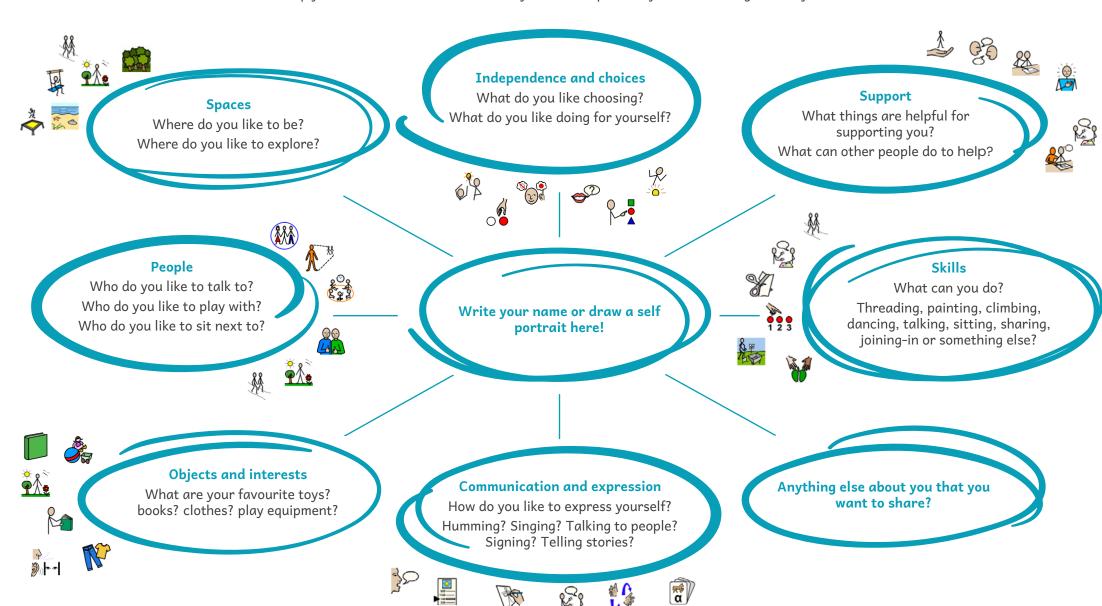






Ideas for my mindmap

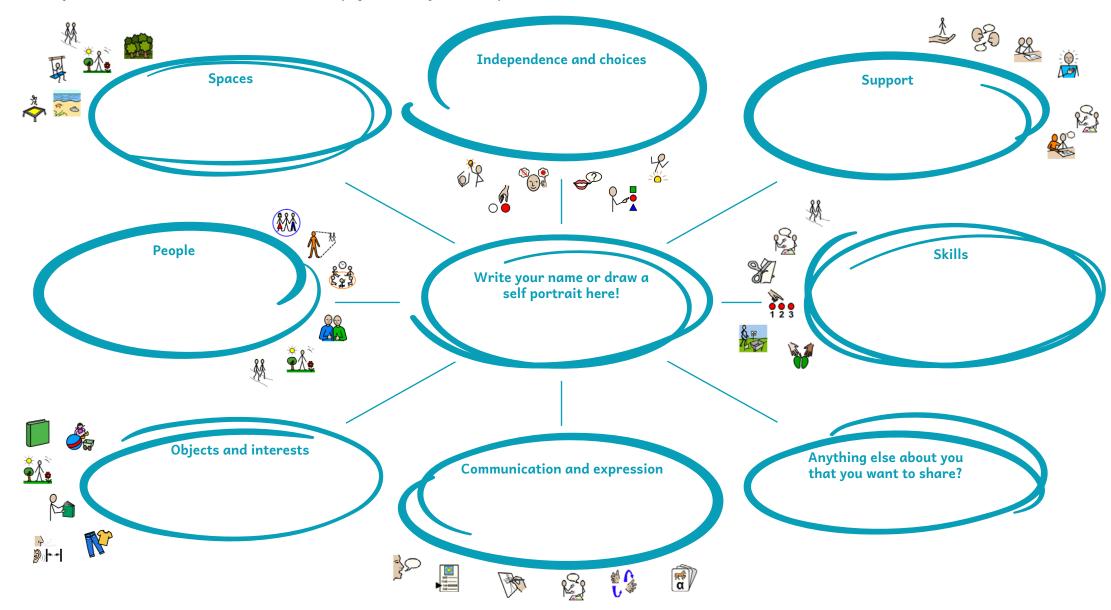
There are some ideas in each circle to help you think and write or draw what you want to put into your 'I am...' Digital Story





My mindmap

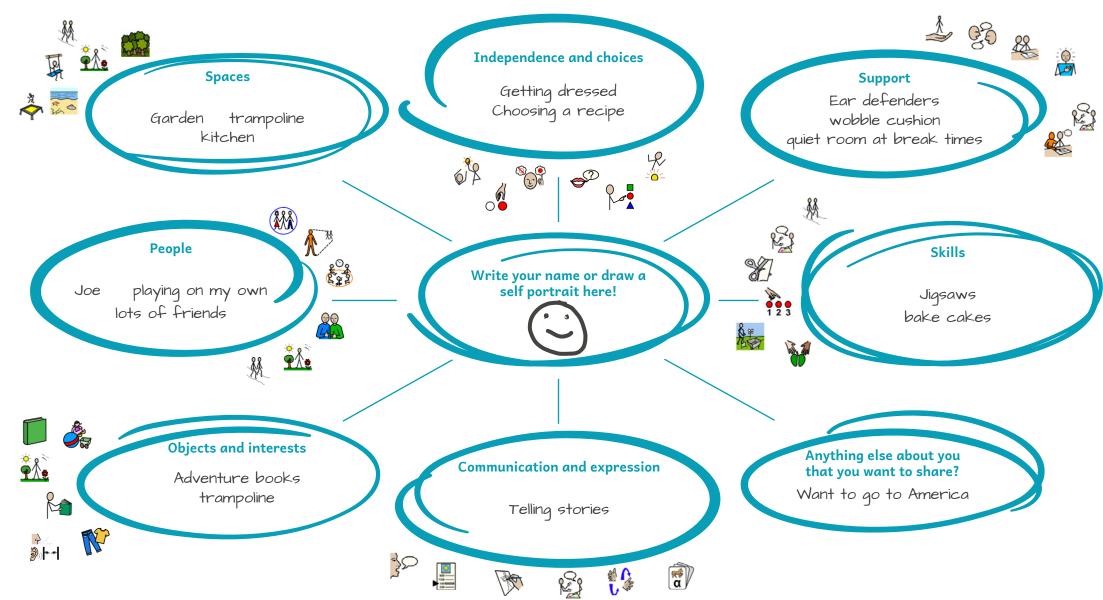
Here there is space for you to create your own mindmap. Write down or draw all the things that you want to put into your 'I am' Digital Story. If you want to see some ideas, look on the next page at Tommy's mindmap.





Tommy's mindmap

We've included an example of a mindmap of a boy called Tommy to give you some ideas





Step 2 Describing

The next step in creating your 'I am...' story is Describing

Opposite is an idea you can use to inform your story – it includes the kind of phrases that you could use to develop your own 'I am... story'. What sentences could you write in your 'I am...' story? There's some space for you to write your own sentences.

I am Nathan

I live with my Mum, Dad and brother

I like to cook and then eat the food!

I like being outside

I love swimming and splashing in the water

My favourite place is walking in the woods

I like messy play

I am good at ordering numbers and counting

I use PECS to communicate

You can use this space to write down the phrases about you that you could include

I AM		 	
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I LIKE			
Ι	 	 	
WA		 	
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Step 3 Filming

Before you film... Make sure you ask other members of staff whether they are happy to be filmed, and get permission from the parents of all children who might be filmed before you start.





- You can take video using a wearcam or using a mobile, tablet or camera
- Wearcams help people watching your 'I am...' Digital Story see things from your point of view
- · You can take photos or video
- Make sure anyone that can be seen or heard in your video is happy to be in it
- An adult will be ready to help you with all the steps in filming your story.

Step 4 Editing

When you have finished filming, you will have lots of videos and photos for your story. Now you need to choose the clips of video and the photos that will go into your 'I am...' Digital Story.

Like in a picture book, for each sentence in your story, choose a clip or several clips of video, or a photo or several photos which illustrate your sentence.



I like being outside

My favourite places at school are here...





One of my favourite activities is cooking

...and here

Plan the order of the sentences in your story and then you can edit the videos and photos to match your plan.



To view an animated version of this guide visit acorns-soton.org.uk

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Find out more online

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